

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



SUBSTANCE USE & MENTAL ILLNESS IN U.S. ADULTS (18+)

FROM THE 2013 NATIONAL SURVEY ON DRUG USE AND HEALTH (NSDUH)

Behavioral health (substance use and mental health) issues affect millions in the United States each year.

SUBSTANCE USE IN THE U.S.



Nearly
1 IN 12
adults had a Substance Use Disorder (SUD) in the past year

That's
20.3 MILLION
adults who have SUD



In the past month,
1 IN 4
U.S. adults engaged in binge drinking

That's
58.5 MILLION
adults



In the past month,
1 IN 10
U.S. adults used illicit drugs

That's
22.4 MILLION
adults



Substance Use Disorder (SUD)

7.7 MILLION
adults had both

Any Mental Illness (AMI)

MENTAL HEALTH IN THE U.S.



Nearly
1 IN 5
U.S. adults had Any Mental Illness (AMI) in the past year

That's
43.8 MILLION
adults with AMI

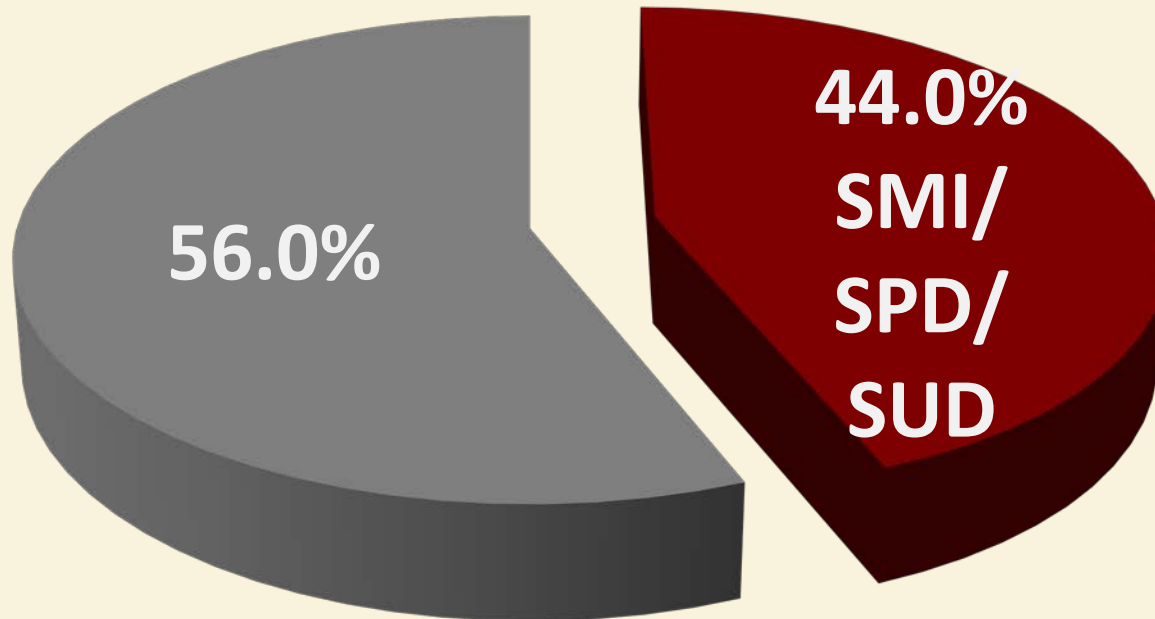


Including
10 MILLION
adults with Serious Mental Illness (SMI)

1. Any Mental Illness (AMI) is defined as individuals having any mental, behavior, or emotional disorder in the past year that met DSM-IV criteria

PREVALENCE OF BH CONDITIONS AMONG UNINSURED MEDICAID-ELIGIBLE ADULTS **AGES 18-34** WITH INCOMES 139-400% FPL

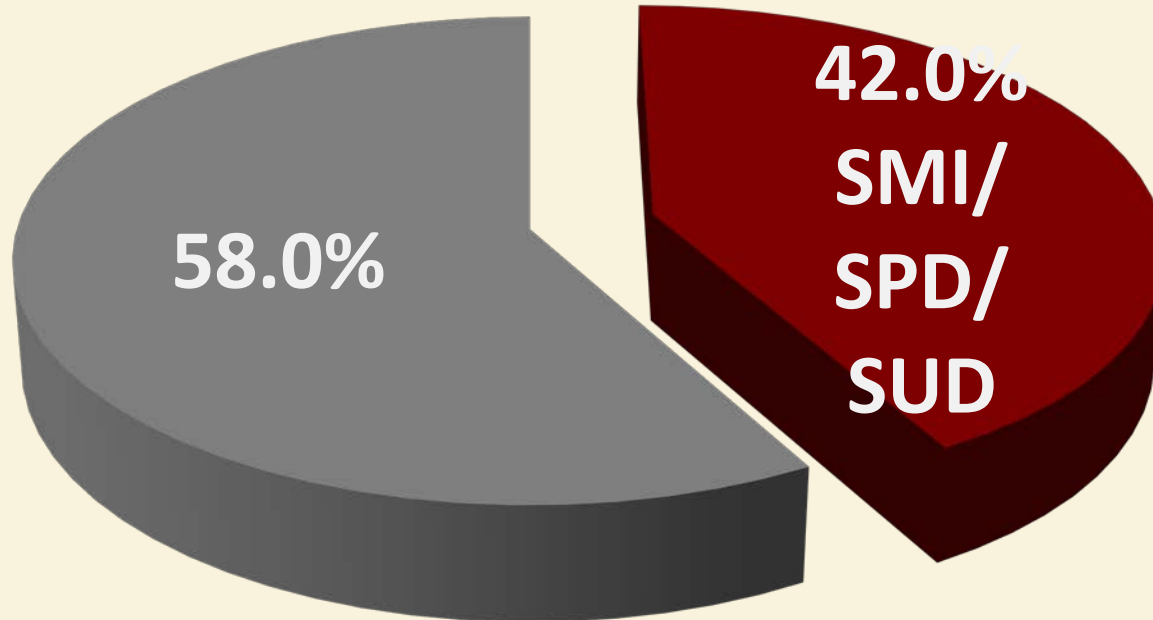
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“Behavioral Health Conditions” includes serious mental illness (SMI), serious psychological distress (SPD) and substance abuse disorders (SUD)

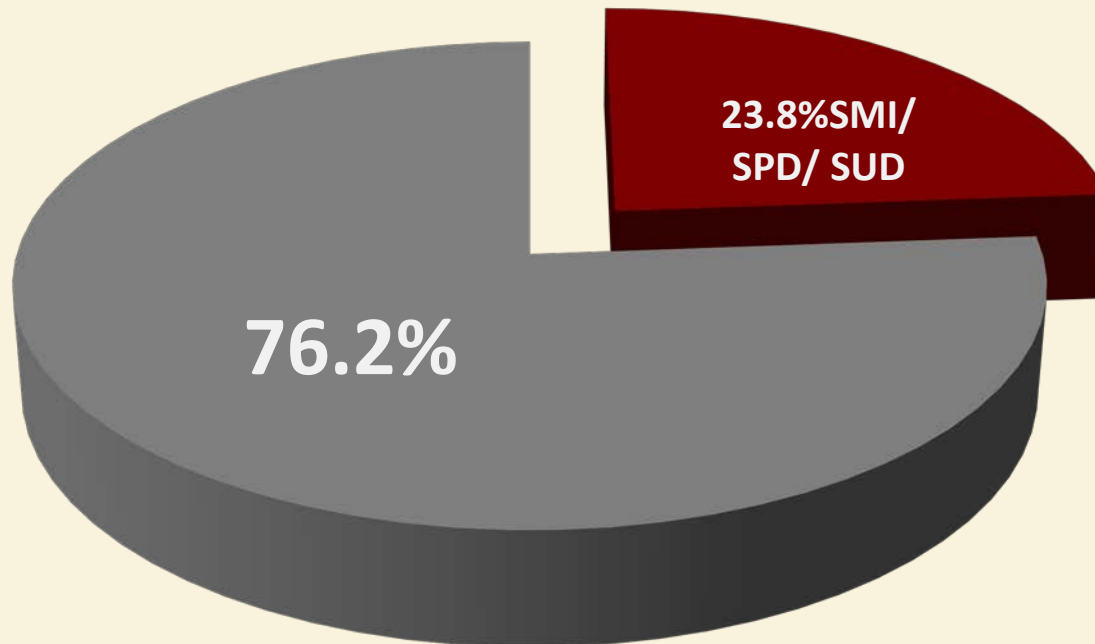
PREVALENCE OF BH CONDITIONS AMONG UNINSURED MEDICAID-ELIGIBLE ADULTS **AGES 18-34** WITH INCOMES <139% FPL

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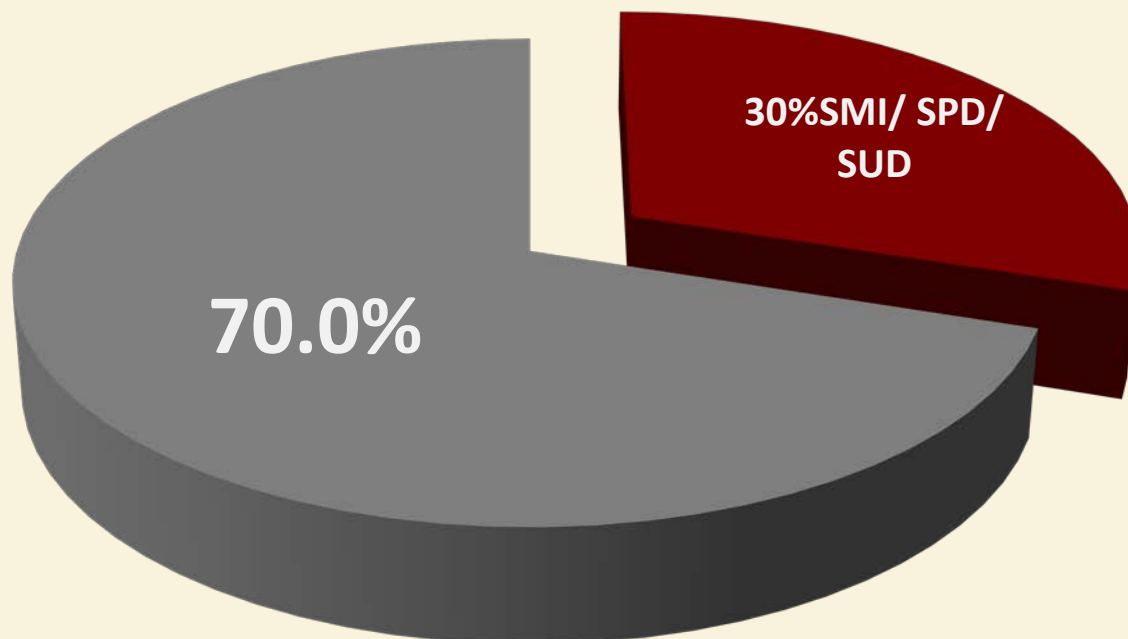
“Behavioral Health Conditions” includes serious mental illness (SMI), serious psychological distress (SPD) and substance abuse disorders (SUD)

PREVALENCE OF BH CONDITIONS AMONG UNINSURED ADULTS AGES 35 AND OVER WITH INCOMES 139-400% FPL



“Behavioral Health Conditions” includes serious mental illness (SMI), serious psychological distress (SPD) and substance abuse disorders (SUD)

PREVALENCE OF BH CONDITIONS AMONG UNINSURED ADULTS AGES 35 AND OVER WITH INCOMES <139% FPL



“Behavioral Health Conditions” includes serious mental illness (SMI), serious psychological distress (SPD) and substance abuse disorders (SUD)

PARITY/ACA: PROJECTED REACH

	Individuals who will gain mental health, substance use disorder, or both benefits under the Affordable Care Act, including federal parity protections	Individuals with existing mental health and substance use disorder benefits who will benefit from federal parity protections	Total individuals who will benefit from federal parity protections as a result of the Affordable Care Act
Individuals currently in individual plans	3.9 million	7.1 million	11 million
Individuals currently in small group plans	1.2 million	23.3 million	24.5 million
Individuals currently uninsured	27 million	n/a	27 million
<u>Total</u>	<u>32.1 million</u>	<u>30.4 million</u>	<u>62.5 million</u>

NOTE: These estimates include individuals and families who are currently enrolled in grandfathered coverage.